**Misunderstandings between men and women.**

The famous video which I have watched is called «It’s not about the nail». It illustrates pure misunderstanding between men and women. The man is trying to tell his girlfriend that there is a nail in her head which is the synonym to common problem, as we can see. The woman has a different point of view rgarding this situation and just keep talking about everything that she has on her mind. How can they understand each other? Let’s try make it clear.

So, a man and woman have neither the same concept of love, nor the same code of behavior or ways of expressing their feelings. The differences are so strong that a well known author and psychotherapist, John Gray did not hesitate to compare them in his book to the beings that have landed from two different planets: Mars for men, whose affective sphere is dominated by values such as action, power and skills; Venus for women, who favor the expression of emotions, harmony, communication exchanges and creativity.

It is not an uncommon thing for women to think outloud. That is why they may seem sometimes unstable in their opinions, the fact which destabilizes their companion who keeps wondering why they keep changing their mind. On the other hand, men are often silent, the feature that is interpreted by the feminine sex as a sign of disinterest in what they are saying. In order to avoid tension, one must realize that female speech is not a gossip, but a way to give birth to their thoughts, while male silence does not result from contempt, but from a need for reflection, which takes time.

A woman expresses her feelings freely about almost anything, while a man rather seeks to provide informative objective facts. She uses and abuses superlatives, metaphors, generalizations and different forms of poetic license; he constantly seeks for the right word and takes what the other says literally. Most of the clashes between spouses are thus linked to a semantic misunderstanding.

In order to relieve stress, a woman needs to be listened to and have the legitimacy of her emotions recognized. But, in such a situation, the man on his to be the hero forms his companion, the one who saves her from all this trouble. He will not be able to refrain from interrupting her with remarks aimed at minimizing her feelings or from offering miracle solutions meant to show his ability to make her happy.He must also learn to listen till and to try to really understand what she seeks to express.  
 In conclusion, I would like to say that we are different but in our relationships we are all trying to show the best side of our personality. Yes, we all quarrel sometimes but as William James said: «Whenever you're in conflict with someone, there is one factor that can make the difference between damaging your relationship and deepening it. That factor is attitude.»